

My Blog Entry

Hey guys,

hope you are fine and you are doing well during quarantine. Today I made a smoothie bowl with blueberries and coconut for breakfast. I took this recipe because I thought it looks very delicious and therefore I wanted to make it. I really like it and I would do it another time. My family also tried it and they said that it tastes very delicious. So, I think you should also give it a try.

This is an easy recipe and perfect for quarantine, I think because when, if not now, is the perfect time to try something new.

Ingredients

- 2 bananas
- 125 ml almond milk
- 200g (frozen) blueberries
- small handful of ice
- 50 g oats
- toppings – fruits, nuts and coconut chips

First you put oats and almond milk in a bowl and blend it. Then add the bananas, the blueberries and some ice and mix it together. At last you put the smoothie into a bowl and on the top you can put some fruits and nuts to make it look better.

